

# Mental Health Virtual and Telephone Groups

## Spring-Summer 2022

Groups are Subject to Change



**Radiant**  
Health Centers  
LGBTQ+ Health and HIV Care

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Grupo de Apoyo: Zoom</u></b> <i>Spanish Support Group</i></p> <p>1:00-2:30pm Spanish</p> <p>Facilitators: Alex, Ariana, &amp; John</p> <p>Contact: Alex Concepcion 949-809-5763 <a href="mailto:aconcepcion@radianthealthcenters.org">aconcepcion@radianthealthcenters.org</a></p>	<p><b><u>Choices: Zoom</u></b> <i>Healthy Coping Strategies for Substance Use and Addiction</i></p> <p>1:00-2:00pm English</p> <p>Facilitators: Kelly &amp; Alex</p> <p>Contact: Alex Concepcion 949-809-5763 <a href="mailto:aconcepcion@radianthealthcenters.org">aconcepcion@radianthealthcenters.org</a></p>	<p><b><u>Spanish Group: In Person</u></b> <i>Spanish MH Support Group Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday</i></p> <p>2:00pm-3:00pm Spanish</p> <p>Facilitator: Alex</p> <p>Contact: John Zarate 949-809-5793 <a href="mailto:jzarate@radianthealthcenter.s.org">jzarate@radianthealthcenter.s.org</a></p>	<p><b><u>(+) Vibes: In Person 1x Month &amp; Zoom</u></b> <i>Interpersonal Growth Closed Group</i></p> <p>10:30-11:30am <i>English</i></p> <p>Facilitators: John &amp; Cierra</p> <p>Contact: John Zarate 949-809-5793 <a href="mailto:JZarate@radianthealthcenter.s.org">JZarate@radianthealthcenter.s.org</a></p>	<p><b><u>Rainbow Connection</u></b> <i>Virtual Group for LGBTQIA+ ages 18-24</i></p> <p>11:00- 12:00am</p> <p>Facilitators: Kelly &amp; Cierra</p> <p>Contact: Kelly Collard 949-809-5788 <a href="mailto:kcollard@radianthealthcenters.org">kcollard@radianthealthcenters.org</a></p>
<p><b><u>The Connection: Zoom</u></b> <i>Virtual Support Group</i></p> <p>4:00pm-5:30pm English</p> <p>Facilitators: Justin &amp; Kelly</p> <p>Contact: Alex Concepcion 949-809-5763 <a href="mailto:aconcepcion@radianthealthcenters.org">aconcepcion@radianthealthcenters.org</a></p>		<p><b><u>Spanish Telephone Group</u></b></p> <p>4:00pm-5:00pm Spanish</p> <p>Facilitators: Alex</p> <p>Contact: Alex Concepcion 949-809-5763 <a href="mailto:JZarate@radianthealthcenter.s.org">JZarate@radianthealthcenter.s.org</a></p>		
<p><b><u>Juntas Podemos</u></b> <i>Trans-Latina Spanish Group: Zoom</i></p> <p>5:30pm- 7:00pm Spanish</p> <p>Facilitator: Georgina &amp; Ariana</p> <p>Contact: Georgina 949-809- 5712 <a href="mailto:JJlopez@radianthealthcenters.org">JJlopez@radianthealthcenters.org</a></p>	<p><b><i>Available Based on Need</i></b> <b><u>Acceptance</u></b> <i>6 Week educational and supportive workshop for people recently diagnosed with HIV</i></p> <p>Contact: Alex Concepcion 949-809-5763 <a href="mailto:aconcepcion@radianthealthcenter.s.org">aconcepcion@radianthealthcenter.s.org</a></p>	<p><b><i>Coming Soon!</i></b> <b><u>LGBTQ Youth Support Group</u></b> <i>(ages 13-18)</i> <i>Afterschool 4-5pm: Zoom</i></p> <p>Contact: John Zarate 949-809-5793 <a href="mailto:jzarate@radianthealthcenters.org">jzarate@radianthealthcenters.org</a></p>	<p><b><i>Any Questions:</i></b> <i>Alex Concepcion</i> <i>Tel: 949-809-5763</i> <a href="mailto:aconcepcion@radianthealthcenter.s.org">aconcepcion@radianthealthcenter.s.org</a></p>	