

Formerly AIDS Services Foundation Orange County, Radiant Health Centers (RHC) provides compassionate care for all, including free HIV testing and other specialized medical and comprehensive social services. We are working to eliminate stigma and overcome health disparities impacting the LGBT community to create a healthy Orange County for all.

Clients who come to Radiant Health Centers are treated with dignity, respect and, above all, compassion. We help anyone in need of care, and we do not discriminate. Our team of professionals and our supporters in the community are passionate about health equity and believe everyone deserves high quality healthcare.

SHORT-TERM ASSISTANCE FOR RENT (STAR)

*Right now is a good time to sign up for STAR.
Radiant Health Centers has immediate
opportunities and is accepting applications for:*

The Short-Term Assistance for Rent (STAR) as of July 1st, 2018 this program is first come, first serve, so hurry!

STAR is a short-term rental assistance program that pays a rental subsidy directly to the landlord on a quarterly basis. The assistance is every three months and up to \$300 for a household of one or two, and \$500 a household of three or more. Assistance in the program is limited to no more than 21 weeks in a calendar year, and to no more than 5 years in the program. To qualify, you must be HIV+ and Ryan White Eligible. Your income must be at or below 80% of the Area Median Income (\$5,104.17 per month for one person, \$5,833.33 per month for two people, etc.). You must also have lived in the residence for at least 60 days. Your landlord must be willing to submit a W-9 IRS Tax Form and provide proof of ownership.

To apply, you can contact your case manager or call Housing Case Manager Rosa Tavarez at (949) 809-5781.



Support Services

*Did you know that RHC has
expanded mental health and pantry support services
to the LGBTQ+ community?*

For questions regarding mental health, please call the confidential referral line at (949)809-5709 to leave a message.

The new *Health & Wellness Food Pantry* provides supplemental food to members of the LGBTQ+ community, who meet the financial criteria and have a severe or disabling medical diagnosis. Please contact Brent Wellman at (949)809-8773 to be enrolled and make an appointment. Appointments are required.

CLIENT ADVISORY COMMITTEE (CAC)

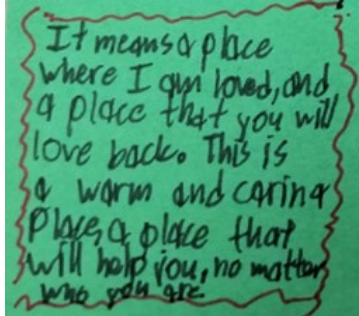
What is the Client Advisory Committee (CAC)?
The Client Advisory Committee of Radiant Health Centers is for RHC clients. The Committee provides a voice for client concerns and suggestions, and assists staff in developing and improving services. The Committee is a demographically diverse group of informed clients who advocate, provide direct input, feedback and suggestions regarding the prioritization and quality of programs and services. Interested clients should contact their Case Manager or the officer of the day to discuss participation on the Client Advisory Committee and obtain a membership application. Potential members should be able to commit to attending regular monthly meetings at RHC, and be ready to participate in discussions and provide feedback on various topics.



**RADIANT
HEALTH CENTERS
WILL BE CLOSED
ON MONDAY,
SEPTEMBER 3RD**

KIDS CLUB

Does your child know about your HIV Status?
 Would you like to have him/her to attend a support group? Kids Club is a safe place where children and teens can express their feelings, interact with others, gain HIV knowledge, and receive homework assistance. We asked former Kids Club participants to tell us what it meant to them and these are their words:



Kids Club will begin on Thursday, October 4th. To enroll your child(ren), please call Natalia at 949-805-5710.

BLOC PROGRAM

BLOC is a program that targets people of color living with HIV of all ages (e.g. Black, Hispanic/Latino, American Indian/Alaskan Native, and Asian Pacific Islander), including a special emphasis on Women of Color with a Lived Trans Experience. The local BLOC training is designed to support engaging HIV-positive community leaders of color with an increased understanding of and effective involvement in HIV decision-making/planning bodies.

BLOC Program will contribute to a decrease in health disparities by developing leaders of color living with HIV who are emboldened to fully participate in Ryan White HIV/AIDS Program (RWHAP), planning bodies, and other leadership opportunities.

If you are a Person of Color living with HIV and would like to participate, please call Rigo (949) 870-8756. Program is tentatively scheduled to begin mid-August 2018.

SAVE THE DATE

Saturday, October 27, 2018

Benefiting Radiant Health Centers, Orange County Ride for AIDS (OCRA) is gearing up for another great ride through Orange County! Register now and start training for the ride of your life!

It's about the message, not the mileage!



For volunteer opportunities, contact Tammy Nguyen at (949) 809-5771.

HIV & HEP C TESTING HOURS

17982 SKY PARK CIRCLE STE M

IRVINE, CA 92614

T: 949.809.8771

Tuesday-Thursday: 12PM-8PM

Saturday: 9AM-3PM

***NO APPOINTMENTS NEEDED**

***RESULTS IN 20 MINUTES**



RHC FOOD PANTRY

Tuesday: 12PM-4:30PM

Wednesday: 9AM-1PM & 4PM-7PM

Thursday: 12PM-7PM

Friday: 9AM-1PM

CORPORATE OFFICE HOURS

17982 SKY PARK CIRCLE STE J

IRVINE, CA 92614

T: (949) 809-5700

Monday/Tuesday/Friday: 8:30AM-5PM

Wednesday & Thursday: 8:30AM-7PM

RADAR SATELLITE OFFICE HOURS

2708 WESTMINSTER AVE STE 110

SANTA ANA, CA 92706

T: (714) 868-5601

Monday-Wednesday: 11AM-7PM

Saturday: 9AM-3PM

What's Up at Radiant Health Centers?

SUPPORT GROUPS

Women's Support Group (Spanish)

1st and 3rd Tuesdays from 10:30am -12:30pm

Open to HIV+ women and other women affected by HIV/AIDS. Call Armida Acosta at (949) 809-5798 for information.

Kids Club (*begins October 4th*)

Thursdays from 4:00pm-7:00pm

A closed support group for kids 5-17 with a parent or family member with HIV/AIDS. Call Natalia Nava at (949) 809-5710 for more information.

WORKSHOPS/LIFE SKILLS

Positive "U" (English)

Every Wednesday from 10:30am-12:00pm

Each session will have a different topic presented in English. No admittance after 10:45am.

Viviendo Positivamente (Spanish)

Every Thursday from 10:30am-12:00pm

Each session will have a different topic presented in Spanish. No admittance after 10:45am.

For more information contact Rosa Tavarez at (949) 809-5781.

WEEKLY TOPICS

Positive U: (English)

Aug. 1: Speaker: Alejandro Ponce, lunch by Gilead

Aug. 8: Speaker: Michael Amiya, lunch by CAPSTONE Partners

Aug. 15: Speaker: Joseph Leahy, lunch by Janssen

Aug. 22: Speaker: Sheryl Miick, lunch by ViiV Healthcare

Aug. 29: Speaker: Carlos Marin, lunch by Laguna Drug Pharmacy

Viviendo Positivamente: (Spanish)

Agosto 2: Presentador: Ignacio Alvarez, lonche por Farmacia Walgreens

Agosto 9: Presentador: Angel Van Stark, lonche por Radiant Health Centers

Agosto 16: Presentador: Samuel Gbedobo, lonche por ViiV Healthcare

Agosto 23: Presentador: Uma Dhulia, lonche por Farmacia Placentia Linda

Agosto 30: Presentador: Maritza Torres, lonche por Radiant Health Centers

THERAPY GROUPS

Mindful Living Support Group (English)

Wednesdays from 9:15am-10:15am

Mind-body approach to help manage thoughts and feelings through meditation, art therapy and other self-expressive techniques. Please call Armida Acosta at (949)-809-5798 for more information.

Vida Plena Grupo de Soporte (Spanish)

Jueves de 9:15am-10:15am

Mind-body approach to help manage thoughts and feelings through meditation, art therapy and other self-expressive techniques. Please call Armida Acosta at (949)-809-5798 for more information.

La Casita (Spanish)

Every Thursday, 12:00 pm-2:00 pm

Co-ed Mental Health group

Group focuses on learning more about yourself and ways to cope with depression, anxiety, stress, low-self esteem and relationships problems through group discussion and creative self-expressive activities.

New topics weekly. For questions contact Armida Acosta (949) 809-5798.



RHC HAIR SALON

*2nd Monday of the month
starting at 10am.*

Our volunteer hair stylist provides haircuts to clients in RHC's Large Conference Room.

Appointments are required. Please come with freshly washed hair without hair product since stylist cannot wash hair during the appointment.

Appointments can be made with the front desk, in-person or by calling (949) 809-5700.

RHC YOGA CLASS

*Every Wednesday from
1:00pm-2:00 pm*

No previous experience required. Please wear comfortable clothes. Please call Armida Acosta at (949) 809-5798 for information.





Radiant
Health Centers
Compassionate Care for All

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Mindful Living 9:15am-10:15am Positive U 10:30am-12pm Yoga 1pm-2pm	2 Vida Plena 9:15am - 10:15 am Viviendo Positivamente 10:30am-12pm La Casita Therapy 12pm-2pm	3	4
6	7 Women's Support Group (Spanish) 10:30am-12:30pm	8 Mindful Living 9:15am-10:15am Positive U 10:30am-12pm Yoga 1pm-2pm	9 Vida Plena 9:15am - 10:15 am Viviendo Positivamente 10:30am-12pm La Casita Therapy 12pm-2pm	10	11
13 Hair Salon 10am	14	15 Mindful Living 9:15am-10:15am Positive U 10:30am-12pm Yoga 1pm-2pm	16 Vida Plena 9:15am - 10:15 am Viviendo Positivamente 10:30am-12pm La Casita Therapy 12pm-2pm	17	18
20	21 Women's Support Group (Spanish) 10:30am-12:30pm	22 Mindful Living 9:15am-10:15am Positive U 10:30am-12pm Yoga 1pm-2pm	23 Vida Plena 9:15am - 10:15 am Viviendo Positivamente 10:30am-12pm La Casita Therapy 12pm-2pm	24	25
27	28	29 Mindful Living 9:15am-10:15am Positive U 10:30am-12pm Yoga 1pm-2pm	30 Vida Plena 9:15am - 10:15 am Viviendo Positivamente 10:30am-12pm La Casita Therapy 12pm-2pm	31	

ADDITIONAL NOTES

- For more information on our Mpowerment group for men, “OMG” @ RADAR, please call **Manny Muro** at (714)868-5606
- For more information on our group for HIV+ men, “Positive Impact” @ RADAR, please call **Gabe Reyes** at (714)868-5603
- For more information on our Mpowerment group for men, “SOMOS” @ RHC, please call **Mario Casas** at (949)809-5727