



**Radiant**  
**Health Centers**  
*Compassionate Care for All*

## How do I Know if PEP is Right for Me?

- I was exposed to HIV during sex (i.e. the condom broke or no condom used)
- I shared needles or works to prepare drugs
- I was sexually assaulted

\*People are exposed to HIV by coming into contact with certain body fluids of a person with HIV including blood, semen, vaginal and/or rectal fluids. This usually happens through vaginal or anal sex or by sharing needles.

## What is PEP?

PEP, or Post Exposure Prophylaxis, should be used only in emergency situations to prevent HIV infection after a recent (within 72 hours) possible exposure.

## What Should you Expect when you go to the Emergency Room or Medical Provider?

- PEP must be started within 72 hours after you may have been exposed to HIV. The sooner, the better.
- You will have a blood test for HIV, STI's and other necessary tests.
- If your healthcare provider prescribes PEP, you'll need to take it once or twice daily for 28 days.
- You may be required to schedule a follow-up appointment with a medical provider or your primary care provider.

[www.cdc.gov/hiv/basics/pep.html](http://www.cdc.gov/hiv/basics/pep.html)

**CALL US: 949-491-1882**

**[www.radianthealthcenters.org/services/pep](http://www.radianthealthcenters.org/services/pep)**